



BETTER TOGETHER

Counseling, Mental Health, & Life Resources

Available to you through your Employee Assistance Program (EAP)

BENEFITS EXTEND TO

- Yourself
- Household Members
- Dependents

GET STARTED TODAY!

SERVICES AVAILABLE



COUNSELING

- 4 Sessions at No Cost
- Licensed & Vetted Therapists
- Virtual or In-person



WEBSITE

- Articles & Resources
- Self-assessments
- Financial Calculators, Webinars, and more



Scan this QR code or visit the website below to access online tools



University System
of Georgia **Benefits**

CALL TOLL-FREE, 24/7
1.844.243.4440
TTY: 1.877.334.0489

WEBSITE:
www.USG.MyLifeExpert.com
Code: USGCares

